

2019 Mt. Vernon Tiger Cross Country Schedule

August 24th	Commerce	HS only
August 30th	Mineola	HS only
September 5th	North Hopkins	JH and HS
September 12th	Miller Grove	JH and HS
September 19th	Quitman	HS only
September 28th	Mt. Pleasant	JH and HS
October 3rd	Lake Bob Sandlin	JH and HS
October 12th	District @ Commerce	JH and HS
October 28th	Regionals @ Dallas	HS only
November 9th	State @ Round Rock	HS only

Head Coach: Stephen Ladd
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Superintendent: Jason McCullough

Principal: Jason Glover

Athletic Directors: Brad Floyd and Art Briles